



**DR. HERNÁN JOSÉ GARCÍA RAMÍREZ**

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Doctor Ramirez was trained at the Universidad Autónoma Metropolitana Xochimilco (UAM-X). With training in Social Medicine at the same university.

From 1980 to 2000 he worked on research development projects and health strengthening in rural and indigenous areas; in the state of Hidalgo with Otomi population; in Veracruz with mestizo, Nahuatl, Popoloca and Totonac peasants; and in Campeche with indigenous Mayan population, with Cultural and Educational Development, A.C. and with Education Culture and Ecology, A.C.

Author of the books: "*Health, Conscience and Organization. Method of training of Health Promoters*", "*Participatory Rural Health Evaluation Workshops*", "*Traditional Maya Medicine, Confrontation with the Chinese Conceptual System*", translated into English as "*Wind in the Blood: Mayan Healing and Chinese Medicine*", and "*Traditional Medicine and Herbalism in Campeche*, as well as articles, brochures and manuals.

He currently participates in the Directorate of Traditional Medicine and Intercultural Development of the Ministry of Health since January 2003, as Deputy Director of Complementary Health Care Systems; in strategies for the design and implementation of innovative models in the projects of: traditional medicine, complementary medicines, Interculturality in health and health care of indigenous and Afro-Mexican peoples. He coordinates the National Strategy in the National Health System, *of Care for Women during Pregnancy, Childbirth and Puerperium with a Humanized, Intercultural and Safe Approach*, as well as the *Mexican Healthy Eating Strategy, Culturally Pertinent: The Milpa Diet*. He recently participates in strategies to strengthen health services in the face of COVID-19, with contributions from traditional medicine, complementary medicines and the model of strengthening health with the triad: "food, exercise and good humor". He coordinated the "caring for caregivers" strategy, in which homeopathic prevention was offered to health personnel from hospitals in Queretaro, Oaxaca and Mexico City. He participated in the elaboration of the document: *Homeopathic Medicine. Fundamentals, Evidence and Contributions to Health*, which includes a chapter on COVID-19: [https://www.gob.mx/cms/uploads/attachment/file/712432/Medicina homeopatia evidencias de aportes a la salud.pdf](https://www.gob.mx/cms/uploads/attachment/file/712432/Medicina_homeopatia_evidencias_de_aportes_a_la_salud.pdf) He has coordinated the identification of contributions used by traditional indigenous medicine in some areas of the country. A successful experience was developed in the Comcaac community, *the Desemboque de los Seris*.

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