



Joel M. Evans, M.D.

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Joel M. Evans, M.D., a board-certified OB/GYN and international lecturer, is the Director of The Center for Functional Medicine in Stamford, CT. He is also the Chief of Medical Affairs for the Institute for Functional Medicine, having served as Senior Advisor to Amy Mack, the CEO of IFM for two years. He continues to serve as the external lead of IFM Advanced Practice Module in Hormone Health since its inception in 2011 and is a Co-Creator of the IFM course on COVID-19, entitled Resistance, Resilience and Repair: Patient Care in a Pandemic, leads its Post-Covid Initiative and has co-authored two published papers on the pandemic. He also serves as Chief Medical Officer of Health Pointe Solutions, which focuses on the use of Artificial Intelligence in healthcare.

Dr. Evans, through his 30 years in practice as an OB/GYN and as the lead of the IFM Advanced Practice module in Hormone Health, has demonstrated a special interest in the care of women across the reproductive health span. He is currently preparing to share his knowledge with the public in order to help women feel better and achieve optimal health and wellness.

Dr. Evans was honored to speak at the United Nations on the topic of Prenatal Origins of Violence, and he serves as UN Representative and Chief Medical Advisor for OMAEP – World Organization of Prenatal Education Associations and is the Medical Director and Advisory Board member of the Association for Prenatal and Perinatal Psychology and Health. His book on the holistic approach to pregnancy, *The Whole Pregnancy Handbook*, has received widespread critical acclaim and media attention.

He has a special interest in Breast Cancer, and, as the Medical Director of the Keep A Breast Foundation, brings the latest information on cancer risk assessment and prevention to his patients. Dr. Evans also helped create a clinical study at Columbia University Medical Center on the use of the herb *black cohosh* in breast cancer, which was presented at the 2001 Annual Meeting of the American Society of Clinical Oncologists and later published in their journal.

Having pursued studies in spirituality, metaphysics, and personal transformation for many years, Dr. Evans is dedicated to sharing ancient spiritual wisdom with others to help bring health and happiness into their lives.